

MAKING CHANGE GROUP

A Substance Abuse Support Group

for Young People ages 12–20 yrs.

Who are considering or committed to
recovery

If you've had enough of ups & downs,

Then check it out!

Get help for yourself,

And give help to someone else.

Free and Confidential

No sign up, just show up.

Mondays

6:00 to 7:00 pm

Keystone Hall

5 Pine St Extension, Nashua, NH

SATURDAY NASHUA LIVE

Young Adult AA Meeting

Saturdays

7:30 to 9:00 pm

Emmanuel Covenant church

24 Echo Ave, Nashua, NH



The Adolescent Choices Program
Keystone Hall / GNCA, Inc.
5 Pine Street Extension
Nashua, NH 03060

KEYSTONE HALL CHOICES



The Adolescent Choices Program at Keystone Hall is multicultural, gender specific, substance abuse diversion program for adolescents ages 12 to 18 who have been involved or are at risk for becoming involved in the juvenile justice system for substance abuse or problems. Evidenced based practices are utilized in group sessions. Adolescents are referred to the Choices Program from schools, courts, juvenile probation, parents, and community agencies.

The Adolescent Choices Program
Keystone Hall, 5 Pine St. Extension
Nashua NH 03060

Phone: (603) 881-4848

Fax: (603) 598-3644

www.keystonehall.org

WHO WE ARE...

In the Past, Keystone Hall has been known for adult substance abuse programs. With such a significant presence of alcohol and drug related offenses by adolescents, Keystone Hall has voiced their commitment to Adolescent Substance Abuse Programming to help prevent and reduce these issues in the future. The Adolescent CHOICES Program is only the beginning of Keystone Hall's commitment to at risk adolescents and services that are age appropriate and gender specific.



Keystone Hall's Adolescent Services:

- Substance Abuse Evaluations by a LADC
- Individual Counseling Sessions
- CHOICES Adolescent IOP Groups
- Relapse Prevention: Making Change Group
- Recommendations & Referrals to other services/agencies as appropriate.
- Volunteer Opportunities for Nashua Prevention Coalition

CHOICES...

The Adolescent Choices Program is designed for treatment of adolescents ages 12-18 with problems related to substance use, as indicated by the following;

- Meet the criteria for substance abuse or dependence
- Experiencing emotional, physical, legal, social, or academic problems associated with substance use
- Use substance of choice weekly or more often for 3 months



The Adolescent Choices Program is NOT appropriate for adolescents who;

- Require a higher level of care — more than outpatient treatment
- With social anxiety disorder severe enough to prevent participation in group therapy
- Have a severe conduct disorder OR an acute psychological disorder serious enough to prevent meaningful participation in group sessions
- Have been charged or otherwise identified as a juvenile sex offender
- 18 year olds in the Adult Legal System

Cost of Program:

Sliding scale based on household size & income. Call to determine your cost.



OBJECTIVES...

- Increase awareness and knowledge of family and substance use, alternative coping skills, mood management, personal consequences, stages of change, and patterns of addiction
- Introduce adolescents to support group environments, in addition to other relapse prevention strategies.
- Reduce court involvement and recidivism in the adolescent population regarding adolescent substance use.

REFERRALS...

Please call to make a referral or for more information about Keystone Hall's adolescent services.

Phone: 603-881-4848

Fax: 603-598-3644

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